


Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
AM Break	Wholemeal biscuit and fruit	Flapjack and fruit	Cheese with crackers and fruit	Bagel bites and fruit	Croissants and fruit
Soup	Leek and potato	Tomato and bean	Creamy courgette	Carrot and smoked paprika	Cauliflower and cheese
Main course	A Holy Cross Favourite Lean beef burger with a choice of topping served with a floured bap	Chicken with a BBQ sauce	Mild Turkey and lentil korma	Roasted pork loin and Yorkshire pudding	Baked fish fingers or battered fish of the day
Vegetarian course	A Holy Cross Favourite Bean burger with a choice of topping served with a floured bap	Vegetable bubble and squeak topped with a fried egg	Cheesy vegetable pasta bake	3 stuffed peppers with a roasted cherry tomato sauce 	Falafel with a minted yoghurt and pita bread
On the Side	New potatoes Coleslaw Garden peas	Roasted herby diced potatoes Green beans Sweet corn	50/50 rice Naan bread Baton carrots Cumin spiced cabbage	Roasted potatoes Steamed broccoli Cauliflower cheese	Oven roasted, skin on wedges Baked beans Garden peas
Jacket potato/pasta bar option	Jacket potato with baked beans and grated cheddar cheese 	Pasta with a tomato sauce	Jacket potato with tuna mayonnaise	Pasta with pesto	Jacket with baked beans
Dessert	Chocolate and beetroot cake with a chocolate sauce Yoghurt and fruit Cold potted dessert	Yoghurt and fruit	Fruits of the forest and apple with an oaty crumble and custard Yoghurt and fruit Cold potted dessert	Eton mess with a raspberry coulis Yoghurt and fruit Cold potted dessert	Yoghurt and fruit

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Break	Cereal bar and fruit	Croissant and fruit	Cheese and crackers Fruit and yoghurt	Scotch pancakes and fruit	Wholemeal pitta fingers
Soup	Roasted butternut with thyme	Tomato and sweet potato	Vegetable broth	Spiced lentil and carrot	Sweetcorn chowder
Main course	Beef Bolognese with penne pasta	Baked chicken breast with your choice of sauce: Herby buttermilk sticky honey	Chinese style pork	Roasted chicken with rosemary and thyme and Yorkshire pudding	Tuna and spring onion fish cakes or Baked fish fingers
Vegetarian course	Quorn sausages with a tomato sauce	Mild bean chilli	Vegetable spring roll	Roasted root vegetable bake with a crispy crumb topping	Tomato and mascarpone pasta bake
On the Side	Garlic bread Mixed leaf salad with a herby dressing Baton carrots	Citrus rice Green Beans Mini corn cobs	Noodles or rice Stir fried vegetables Steamed peas Prawn crackers	Roasted potatoes with Sautéed cabbage with sage and steamed broccoli florets	Heathier style oven chips Garden peas with mint Baked beans
Jacket potato/pasta bar option	Jacket with BBQ beans and cheese	Pasta with a tomato sauce	Jacket potato with chicken and sweetcorn	Pasta with a cheese sauce	Jacket with creamy leeks
Dessert	Spiced courgette and apple cake Yoghurt with fruit  Cold potted dessert	Yoghurt with fruit	Lemon and berry sponge with a lemon drizzle sauce Yoghurt with fruit Cold potted dessert	Yoghurt with fruit	Ice Cream bar Yoghurt and fruit Cold potted dessert

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Break	Oat and raisin biscuit and fruit	French baguette fingers and fruit	Banana and pumpkin cereal bar and fruit	Cheese and crackers and fruit	Fruit tea cake and fruit
Soup	Tomato and bean	Carrot and coriander	Broccoli and cheese	Paprika spiced lentil with sweet potato	Winter vegetable
Main course	Turkey meatballs served with a tomato and oregano sauce	Sausages with gravy	Margherita pizza slice	Honey roasted gammon with Yorkshire pudding, red onion chutney or gravy	Baked fish fingers with a lemon wedge or salmon and cod pie with a puffed pastry lid
Vegetarian course	Lentil and bean Bolognese 	Quorn sausages with vegetarian gravy	Chargrilled Mediterranean vegetable pasta bake with focaccia bread	Root vegetable rosti, Yorkshire pudding, red onion chutney or vegetarian gravy	Roasted vegetable and mozzarella wraps
On the Side	Fusilli 50/50 pasta and garlic ciabatta bread Green beans Chargrilled pepper and courgette	Mashed Potatoes or herbed cous cous Peas Steamed cabbage	Potato wedges Coleslaw Sweetcorn	Roasted potatoes Broccoli florets and peas	Oven chips Baked beans Steamed baton carrots
Jacket potato/pasta bar option	Jacket potato with cheese and beans	Pasta with pesto	Jacket potato with tuna mayonnaise	Pasta with creamy mushroom and pea sauce	Stuffed jackets with cheese and spring onion
Dessert	Raspberry jelly Yoghurt with fruit Cold potted dessert	Yoghurt and fruit	Mini doughnuts Yoghurt and fruit Cold potted dessert	Crunchy granola yoghurt pots and fruit	Chocolate chip cookies Yoghurt and fruit Cold potted dessert